



Holy Trinity CE Primary Academy

Physical Education Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Cooperate and solve problems – Unit 1	Gymnastics -Unit 1	Body management -Unit 1	Dance- Unit 1	Body management -Unit 2	Speed Agility Travel -Unit 2
	Manipulation and coordination- unit 1	Speed Agility Travel -Unit 1	Cooperate and solve problems – Unit 2	Gymnastics - Unit 2	Manipulation and coordination- unit 2	Dance- Unit 2
Year 1	OAA (Outdoor and adventurous activities)	Gymnastics -Unit 1	Run Jump Throw – Unit 2	Dance- Unit 1	Hit Catch Run – Unit 2	Distance PE Fitness -Unit 2 (Mixed Key stage)
	Distance PE Fitness -Unit 1 (Mixed Key stage)	Run Jump Throw – Unit 1	Hit Catch Run – Unit 1	Gymnastics -Unit 2	Send & Return- unit 1	Send & return- Unit 2
Year 2	OAA	Gymnastics -Unit 1	Run Jump Throw – Unit 2	Dance- Unit 1	Hit Catch Run – Unit 2	Distance PE Fitness -Unit 2 (Mixed Key stage)
	Distance PE Fitness -Unit 1 (Mixed Key stage)	Run Jump Throw – Unit 1	Hit Catch Run – Unit 1	Gymnastics -Unit 2	Send & Return - Unit 1	Send & Return - Unit 2
Year 3	OAA	Gymnastics -Unit 1	Basketball	Dance- Unit 2	Cricket	Athletics
	Swimming	Tag Rugby	Tennis	Gymnastics -Unit 2	Dance- Unit 2	Handball
Year 4	OAA	Gymnastics -Unit 1	Basketball	Dance- Unit 2	Cricket	Athletics
	Dance- Unit 1	Tag Rugby	Tennis	Gymnastics -Unit 2	Dance- Unit 2	Handball
Year 5	OAA	Gymnastics -Unit 1	Basketball	Dance- Unit 2	Cricket	Athletics
	Dance- Unit 1	Tag Rugby	Tennis	Gymnastics -Unit 2	Dance- Unit 2	Handball
Year 6	OAA	Gymnastics -Unit 1	Basketball	Dance- Unit 2	Cricket	Athletics
	Dance- Unit 1	Tag Rugby	Tennis	Gymnastics -Unit 2	Dance- Unit 2	Handball



Holy Trinity CE Primary Academy
Physical Education Curriculum Overview